



# Best of PORTLAND 2010

A weekly invitational profile series on professionals demonstrating excellence in the fields of law, medicine, education, business, finance & technology

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## BOARD CERTIFIED PEDIATRIC CARDIOLOGIST

**Board Certified Pediatric Cardiologist Dr. Wade Hamilton** and his staff at **CENTRAL MAINE PEDIATRICS** provide family-centered care in which families and primary care physicians are included in planning the best ways to meet the needs of each child. When discovered early, cardiac problems can often be addressed more effectively than if unnoticed or untreated until later. From fetal echocardiography to stress testing to comprehensive evaluations, he is dedicated to meeting the heart-care needs of newborns and children in a child-friendly environment. As a pediatric cardiologist, he treats a variety of cardiac conditions, such as murmurs, suspected congenital cardiac defects, previously repaired or palliated cardiac defects, suspected arrhythmias of all types, the differential diagnosis of congenital heart disease, familial hyperlipidemia, acquired cardiac conditions such as Lyme Disease, Rheumatic Fever and Kawasaki's Disease, cardiac transplantation, syncope and chest pain. Dr. Hamilton also sees adults with congenital heart disease.

State-of-the-art equipment used by Dr. Hamilton include fetal echocardiography, pediatric cardiac evaluations, transesophageal echocardiography, transthoracic echocardiography, stress testing, tilt testing, holter monitoring and event monitoring. Dr. Hamilton sees patients in Lewiston and has recently opened a new satellite office in Topsham to better serve the needs of the midcoast area.

**Central Maine Pediatrics** 12 High St • Lewiston, Maine 04240 • (207)795-5950

## PLASTIC SURGERY FOR REAL PEOPLE

Correcting a flaw in your appearance or enhancing one of your features is an important decision. And when you're considering cosmetic surgery, you want to be certain you're getting care that suits you from a qualified plastic surgeon who puts your needs first. Choosing the right plastic surgeon is critical to getting the results you want.

Drs. Verne Weisberg & John P. Cederna at **PLASTIC SURGERY CENTER, PA** have more than 40 years of combined experience. They are Board Certified by the American Board of Plastic Surgery and are active members of the American Society of Plastic Surgeons. An initial consultation provides the doctors and their patients an opportunity to establish a rapport and to discuss all that is involved in the desired procedure, as well as what is a realistic approach to achieving a natural result. Drs. Weisberg & Cederna provide facial cosmetic surgery, breast enlargement & reduction, tummy tucks, breast reconstruction after breast cancer, liposuction & body contouring, and injectable fillers including Botox®, Restylane®, Juvederm™ & Radiesse®. Most procedures are performed on an outpatient basis at a AAAA Certified ambulatory surgical facility with certified anesthesiologists for your comfort, safety and confidentiality.

**Plastic Surgery Center, PA** 195 Fore River Pkwy, Ste 140 • Portland, ME 04101  
(207)775-1933 • (800)688-9133 • [www.drverne.com](http://www.drverne.com)

## COMPLETE VISION WELLNESS CENTER

An annual eye examination can be just as important as a routine physical in detecting and preventing disease. Drs. Tricia & Michael Pirone (husband & wife) of **EYES ON ROSEMONT** have more than 20 years of combined experience and can provide you with the correct prescription for eyeglasses or contact lenses. Using state-of-the-art visual testing instrumentation, they evaluate your eyes for glaucoma, cataracts, retinal disease, macula degeneration, field of vision & muscle imbalances. They can treat most eye infections and glaucoma at their office. Their conveniently located practice offers quality service, a friendly staff & unique eyewear in a relaxing, modern setting.

Dr. Michael Pirone also specializes in low vision, which provides treatment options to the visually impaired. He has worked with area retinal specialists & the Iris Network to improve the quality of life of these special patients. Dr. Tricia Pirone also focuses on providing pediatric optometric services. She excels in the treatment of eye turns, amblyopia & learning disorders, and has a wonderful bedside manner. Daily wear, disposable & color-tinted contact lenses are available, as well as multi-focal contacts & lenses for astigmatism. An extensive selection of exclusive fashion frames (Lindberg, Booth & Bruce, Salt, Oakley, Tory Burch & more) to fit your eyes, your face and your fashion are also available at their boutique.

**Eyes On Rosemont** 595 Brighton Ave • Portland, ME 04102  
(207)210-6700 • [www.eyesonrosemont.com](http://www.eyesonrosemont.com)

## FEEL CONNECTED & RE-ENERGIZED

Emily Meyer, owner & director of **THE AON CENTER FOR INNOVATIVE BODYWORK AND HOLISTIC SKINCARE** opened her business in 2005. Aon practitioners help clients understand, accept & believe that by taking better care of their "whole body" they will feel better and be more connected and energized. Through various types of treatments & specialties, Emily & her staff help clients assume responsibility for their own health and well-being by empowering them to listen to their body & spirit. The Aon Center takes massage beyond relaxation into therapeutic & innovative bodywork. All Aon practitioners are licensed and hold advanced certification in more than 10 types of traditional massage and alternative touch and healing therapies.

Massage therapy can help reduce general muscular pain and soreness, reduce stress & anxiety, increase circulation, and help improve the efficiency of your immune system. By receiving integrative massage therapy, clients are actively participating in a preventive health and wellness program where they reduce stress and feel great at the same time. There are countless reasons to visit Aon, whether you want a relaxing massage, are recuperating from an injury or are just curious about what Aon can do for your overall health and well-being.

**Aon Center for Innovative Bodywork and Holistic Skincare** 4 Fundy Rd  
(207)781-2370 • [www.aonspa.com](http://www.aonspa.com) Falmouth, ME 04105

## MEETING YOUR FINANCIAL & BUSINESS NEEDS

In today's business environment with its complicated tax laws and investment options, you need the services of a CPA who can accommodate your present needs, while keeping a watchful eye on the future. With more than 30 years of experience, **DANA E. LANE, CPA** has been providing competent, professional services to a wide range of small businesses and individuals.

Mr. Lane is a full-service accounting professional concentrating in business consulting, accounting, financial statement preparation, income tax planning & preparation (business & individual), general ledger services, quarterly payroll, sales & other tax compliance reports, estate tax planning & preparation, representation before taxing authorities and computerized accounting services. Your accountant is often your closest business advisor, so it's critical to choose a CPA firm you can trust. Dana develops a partnership with each client based on candid discussions & observations, while maintaining complete confidentiality. In the changing world of taxation, clients need a CPA who is able to keep apprised of the changes, interpret the law accurately and then develop strategies to suit each client's needs. Today's accountant must not only present information, but must also be available to help you make use of that information. Dana's capability is matched by the strength of his commitment to his clients.

**Dana E. Lane, CPA** 374 Main St • Saco, ME 04072  
(207)286-1662 • [www.danalanecpa.com](http://www.danalanecpa.com)

## QUALITY LANDSCAPE SOLUTIONS

Founded in 1979, **AL LAPPIN CO., INC.** is a quality landscape design & build firm catering to the residential & commercial market. Their expertise in every aspect of land use & contracting enables them to oversee the landscape development of a project as a single entity that avoids the confusion of having multiple consultants & contractors. Residential applications allow for your home to include many features beyond trees & shrubs. Decks, gazebos and night lighting are common designs transformed from paper to reality in a timely fashion with minimal inconvenience to you.

For commercial applications, they also design/build and negotiate commercial jobs. Possessing 31 years of industry experience, Al Lappin Co., Inc. has maintained relationships with many other subcontractors enabling them to form a professional team of quality & punctual delivery of services. Some of these services may include the above mentioned as well as pavers, arbors, site work, transplanting and removals of site plantings. Owner Al Lappin Sr.'s motto, "Quality is never an accident, it is always a result of intelligent effort."

**Al Lappin Co., Inc.** 14 Silver Brook Circle • Scarborough, ME 04074  
(207)839-7700

## INTERNATIONALLY RENOWNED PLASTIC SURGEON

Internationally renowned plastic surgeon, **DR. DAVID A. BRANCH, AT BANGOR PLASTIC AND HAND SURGERY** at 55 Broadway is board certified by the American Board of Plastic Surgery. Patients come from around the world for his cutting-edge surgery for migraine headaches and from around the state for his DIEP tummy tuck breast reconstruction.

Dr. Branch was recently quoted in the New York Times as one of the top three most experienced migraine surgeons in the country. Dr. Branch was trained by the field's pioneer, Dr. Bahman Guyuron, with success rates for this outpatient surgery of 90% or better for patients that do not respond to or tolerate traditional medication. His practice is also the only practice North of Boston performing the DIEP "tummy tuck" breast reconstruction that completely spares the core abdominal muscles, and makes use of skin and fatty tissue to reconstruct the breast. Dr. Branch states "it's less destructive to the body and also less painful." His practice recently moved to a new facility that boasts a new office operating room with hand-picked anesthesiologists performing anesthesia. This clean private operative suite helps support the cosmetic surgery generated by the nicely appointed medical spa in the same facility where Dr. Branch serves as medical director.

**Bangor Plastic & Hand Surgery**  
[www.bangorplastic.com](http://www.bangorplastic.com)

55 Broadway • Bangor, ME 04401  
(888)501-1855 • (207)947-5657

## THE EXCELLENCE YOU EXPECT IN OB/GYN

Dr. Anne Rainville and her personable nursing staff at **WOMEN'S WELLNESS COMPREHENSIVE CARE** take the time to sit down with each patient to discuss any questions you may have. Their services are comprehensive and include state-of-the-art, family-oriented primary health care for women of all ages, contraception, pap smears, the detection and treatment of sexually transmitted diseases, adolescent problems, nutritional counseling, integrated natural and alternative therapies (acupuncture, onsite chiropractic at 509 North Ocean Avenue for pregnant women & children), and total menopause management.

Board Certified and a Fellow of the American College of OB/GYN, Dr. Rainville has 20 years of practice experience in Portland. She performs minimally invasive laparoscopic procedures, laser surgery, colposcopy, cancer detection, in-office sterilization-ESSURE, ultrasound AIUM Accredited, in-office management of menstrual disorders, in-office hormone testing, urinary testing & surgery, and has a special interest in the evaluation and treatment of infertility. Dr. Rainville is a member of the American Society for Colposcopy & Cervical Pathology (ASCCP).

**Women's Wellness Comprehensive Care** 509 & 535 North Ocean Avenue  
Portland, Maine 04102 • (207)518-6000

## THE PEOPLE YOU NEED TO SEE

The Certified Opticians at **VIP EYES** realize that there are hundreds of eyeglass frames and lenses on the market today and that there are a multitude of places dispensing "everything in sight." As your neighborhood professional opticians, they are experts in prescription eyewear, carrying frames and lenses that they believe offer the very best performance in durability, style, value & function. They will style your eyeglasses with fashion frames from the world over, including Silhouette, Anne Klein, Vogue, Ray-Ban & much more.

VIP Eyes carries high index thinner plastic lenses, Varilux progressive lenses, protective eyewear for most sports and the finest scratch resistant and anti-reflective lenses available. They feel that the personalized and individualized care they provide is the most important part of their service. Their on-site lab is equipped for most repairs, adjustments and custom fabrications and they endeavor same-day service when possible. They also offer lens duplication and special attention in advising parents about their full-line of children's eyewear.

**VIP Eyes** 1041 Brighton Ave • Portland, ME 04102 • (207)773-7333

## HEALTH WITHOUT DRUGS OR SURGERY

Chiropractic takes care of the whole person without the use of prescription drugs or surgery. In its approach, it endeavors to establish and maintain a person's good health by correcting structural imbalances. Dr. Scott Glocke is director of **UPPER CERVICAL HEALTH CENTER OF AMERICA**. He and his caring staff are committed to maximizing the human experience by correcting disturbances within the spine. When brain health messages cannot get through to all parts of the body due to head/neck misalignment health problems can occur.

The center utilizes a very specific Upper Cervical (upper neck) technique called the Blair Technique. This technique is highly specific so that they can get to the true cause of why the body is not functioning at its maximum potential. The major objective with Upper Cervical Chiropractic is to keep the correction in the proper position for the longest period of time. The longer you stay in alignment, the faster your body can reverse the damage caused by the Subluxation. The Upper Cervical Spinal Correction requires NO twisting or popping of the spine in this procedure. Instead, the correction is barely felt and is often times described as very underwhelming. Corrective means that you can get back to health in the shortest amount of time possible!

**Upper Cervical Health Center of America** 298 Main St • Yarmouth, ME 04096  
(207)846-5100 • [www.UpperCervicalCare.com](http://www.UpperCervicalCare.com)

## HELPING TO LIGHT YOUR WAY

Serving all faiths & cultures, **INDEPENDENT DEATH CARE OF MAINE** is prepared to handle any funeral service that your family may have with openness and understanding. Whether traditional, cremation, or specific cultural funeral practices, IDC will help you design a service that best meets your family's needs. Possessing many years of experience, Funeral Directors Morrell York and John Tanguay and their staff continue a family legacy of caring and compassionate service. The most effective funeral is one that will accurately reflect the life of the deceased in a way that will help surviving family members celebrate their loved ones' life. IDC will coordinate every detail for you, giving you more time to concentrate on family and friends.

IDC offers many options of affordable and personally-tailored funeral services. Regardless of the services selected, families can rest assured that IDC will provide the dignity, respect and professionalism that your family needs and expects. Their new facility will allow them to serve your family better with larger capacity rooms and ample on-site parking. "Helping to light your way through a difficult time"

**Independent Death Care of Maine** 660 Brighton Ave • Portland, ME 04102  
(207)878-3246 • [www.independentdeathcare.com](http://www.independentdeathcare.com)

## TAX PLANNING & ACCOUNTING SERVICES

Tax laws are becoming increasingly more complex. Whether they are individual, business or for the self-employed, **JOSEPH A. KEANEY, CPA, LLC, PA** has gained an excellent reputation for accuracy and dependability in the taxation and accounting fields. As a member of the AICPA & MSCP, Mr. Keaney is reliable & accurate. Many of Greater Portland's leading businesses and professional people have taken advantage of his more than 28 years of experience in accounting, financial consulting and all State & Federal Tax matters, including income tax planning & return preparation for individuals, corporations, partnerships & fiduciaries, estate & gift tax planning and return preparation, payroll tax information reporting and return preparation, audit representation before IRS and state taxing authorities, and employee benefit & retirement planning.

Even lawyers don't try to understand today's tax laws. Fortunately, Mr. Keaney is a professional who does nothing but study the tax code all year. By doing your taxes yourself, you may be overlooking many benefits available to you. You may actually save money by having him prepare your tax returns. A properly prepared tax return gives you a significant edge in case of an audit by the IRS, as well as peace of mind and the possibility of a much larger return. Contact Mr. Keaney or his staff for an appointment.

**Joseph A. Keaney, CPA, LLC, PA**  
(207)772-4800 • [www.josephkeaneycpa.com](http://www.josephkeaneycpa.com)

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